



# Grow Organic Eat Organic: A practical activity book for beginners

Books Reviewed:

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[Ted Percy](#) [3]

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Media type:

Book

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5

The way they go on about it you would think that organic gardening was something new, so it is refreshing to see that Morton begins her book by showing that, in fact, non-organic gardening is the newer development, having become the 'norm' only since 1940s. My dad never did anything else but grow organically. Morton shows us how to set ourselves up for natural gardening and it isn't long (p8) before we reach the compost heap. Most of what follows is what to grow and how to grow, followed by sections on friendly wildlife and - most valuable - a contemporary and UK based contact list. This is a book that embodies its own message - modestly produced, economic of space, locally based and cheap, it is an excellent and completely practical guide to starting to garden properly. And it could not have come out at a better time.

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